

7 Days of Rest & Sacred Renewal  
Birthkeepers' Council: Birthing the New Era in Love and Wisdom  
January 1, 2022 at 11:11

## Council Members

### Katharine and Makasha Roske

Celebrating 45 years of marriage Katharine and Makasha attribute the success of their relationship to their spiritual connection and devotion to serve a higher calling. As social architects holding an integrated vision for a co-creative planetary culture, Katharine and Makasha have lived their lives at the evolutionary edge. They have a shared commitment to bringing the sacred into every aspect of life. They have been engaged in conscious birthing for decades through the birth of their own children and grandchildren. In honor of the sacred circle of life, they initiated Hummingbirth at their community of Hummingbird which they co-founded in 1996.

<https://livingcocreation.com/#team>

### Sarah Grace

Sarah is a Registered Biodynamic Craniosacral Therapist, Authorized Continuum Movement Teacher, Somatic Experiencing Practitioner, Conscious Birth Doula and Pre & Perinatal Attachment Facilitator. Sarah completed her Pre and Perinatal Attachment Training with Myrna Martin in 2009 and worked closely with the late Pre & Perinatal Somatic Pioneer Dr. Ray Castellino (1944-2020) for 15 years. Sarah is the founder of Somatic Sanctuary, a Sacred Space for Healing and Embodying Soul Essence in the heart of Ojai. She has a passion for facilitating a connection to the Inherent Health that is our birthright. <https://somaticsanctuary.com/>

### Mary Jackson, RN, LM, RCST

Mary Jackson has been married since 1987, is the mother of 2 children who were born at home, and has been featured in 11 books and 5 movies. Mary has been a home birth Midwife since 1975. She has attended over 2,500 births in the Santa Barbara, Ventura, and Ojai, California areas and is now attending the home births of her second generation of babies. She is a certified Castellino Process Workshop Leader and co-teaches the Castellino Pre and Perinatal Training. In the first year after incorporating these pre and perinatal approaches in her midwifery practice her home to hospital transfer rate went from 20% to 6%. Mary is participating in cutting edge research about imprints that occur around the time of conception, pregnancy and birth and how they affect us throughout the rest of our lives and what it takes to heal from challenges in these experiences. She is a frequent speaker at national and international conferences and leads trainings throughout the world.

<https://birthinconnection.com/about/>

## Judyth Weaver

Judyth O. Weaver is a multifaceted teacher and counselor, incorporating extensive training in diverse areas. She holds a Ph.D. in Reichian Psychology. Judyth is the creator and founding chair of the Santa Barbara Graduate Institute Ph.D. Program in Somatic Psychology. She taught at the California Institute of Integral Studies (San Francisco, CA) for 25 years and at other graduate schools in the S.F. Bay area as well as being founding faculty at Naropa Institute, now Naropa University, (Boulder, CO) in the 1970's, creating it's T'ai Chi Ch'uan program. She is certified in Reichian Therapy, Somatic Experiencing, massage, Biodynamic Craniosacral Therapy, Pre- and Perinatal Therapy and as a teacher of Tai Chi Chuan, a senior teacher of the Rosen Method and Sensory Awareness.

<http://judythweaver.com/about/>

## Myrna Martin

Myrna has 40 years of experience working with people therapeutically as a nurse, public health nurse, family therapist, Integrative Body/Mind Therapist and teacher (IBP), Biodynamic Craniosacral Therapist and approved Teacher. She has been in full time private practice and teaching Pre and Perinatal Workshops, Seminars and full Professional Trainings since 2000.

<https://myrnamartin.net/>

## Tara Blasco, PhD

Tara Blasco has a Ph.D in prenatal and perinatal psychology from the Santa Barbara Graduate Institute, and has worked at the BEBA clinic since 2001. She is the current director of the BEBA clinic and was the co-director with Ray Castellino until he passed in Dec 2020. She works as the facilitator at the Ojai BEBA clinic and offers online sessions. She is a certified craniosacral therapist. She is a Certified Womb Surround Process Workshop facilitator and supervisor through Castellino training. She co-teaches Dr. Castellino's Foundation Training in Spain and in the US together with Ray Castellino (until he passed) and with Mary Jackson. She is the co-director of the non-profit organization Global Resource Alliance dedicated to the alleviation of poverty and disease, and supporting communities in the Mara region of Tanzania.

<https://tarablasco.com/about-tara/>

## Chesera Scala (perspective of midwifing death)

Chesera is a mother, teacher, wellness coach, esthetician, and spiritual student, and has found her life's mission working as a death doula. She has spent the last 7 years studying the process of mystical death through transpersonal psychology, and learning about how to support and facilitate end of life care. Inspired with a new vision of what is possible in death and dying, and having forged new alliances with Hospice, funeral homes, community leaders, and colleagues, Cheserae has committed to sharing this work with families, groups, and individuals. She currently works as a death

doula, and offers end of life support, death care directives, after death care, home funeral planning and ceremony, as well as classes and programs for those interested in learning more about death and dying work.

<https://bridgingtransitions.net/>

### Melanie Roske

Melanie draws upon her experience as a holistic wellness coach, [Clarity Breathwork](#) practitioner, reiki master, meditation guide, and sound healer guiding people to cultivate more self-love, healing and personal awakening. Melanie's love for life and her ability to see the beauty and essence within people and in the world has been a driving inspiration on her personal and professional journey. With a background in media production, Melanie shifted her focus from working in advertising to co-founding Ahanah. [Ahanah](#) is an online multi-media platform that offers nourishing life-affirming content supporting people to live in passion and purpose. <https://www.breathofbeing.net>

### Jeremy Roske

Jeremy is a multi-talented performing artist, singer/songwriter, sound healer, Clarity Breathwork facilitator, and SomaSource® practitioner. Born into a family of changemakers and social pioneers, Jeremy is devoted to empowered pathways of transformation, self-realization, and expression. He has traveled the world for the last two decades leading workshops and sharing his heart opening music. Jeremy and Melanie are committed to conscious birthing and early childhood bonding as they raise their beautiful daughter, Kiyara. <https://www.breathofbeing.net>, [www.jeremyroske.com](http://www.jeremyroske.com)

### Mirra Wicker, LCSW

Preparing to give birth to her second child (due January 11, 2022), Mirra has a deep commitment to support optimal pregnancy, birth, and parenting. Her extensive understanding of Prenatal and Postnatal Psychology, Attachment Theory and Neurobiology led her to work as a therapist for the Community Infant Program before founding her private practice, Ohana Therapy. She offers therapeutic support for individuals, couples and families from pre-conception through early childhood development. [ohanatherapydenver.com](http://ohanatherapydenver.com)

### Sarah Naia Soleil

Sarah's Sequence Of Being Conceived Was The Initial Spark That Ignited Her Passion For The Invisible Doorways And Non-Verbal Realms That Surround Us. A Mother Of Two, Sarah Received The Gift Of Experiencing A Life-Changing Transcendent State Of Consciousness At The Age Of 20 During The 4-Hr Birth Of Her Son. This Initiation Led Her To Study Ancient Ways, Intuitive Arts, Creation, & Midwifery. To Date, Sarah Has Attended 300+ Births & Has Offered 1,000+ Spirit Baby Readings To People From Around The Globe. <http://sarahnaiasoleil.com/>

## Jonathan Evatt

(Indigenous Original Wisdom: Keeping Birth and Bonding Sacred and in Sync with Nature)

Award winning author, traditional naturopath, and an international teacher on integration of the human spirit, indigenous Earth healing, holistic health, heart-centred yoga, and awakening the timeless consciousness of what it means to be human.

<https://jonathanevatt.com/>

## Jen Dudley-Lionheart

Jen is a heart-based business consultant, combining years of marketing and operations expertise, personal transformation work and a focus on family. She was a doula and childbirth educator for 15 years and has attended over 200 births. She now supports mission driven businesses and passionate individuals to design and build businesses and lives they love.

<https://www.jeneratorconsulting.com/>

## Layla Verbance and Patrick McGinnis

Layla and Patrick are the parents of three children, who they free-birthed alone--in nature. Layla is the author of several books about Ecstatic Childbirth and Conscious Pregnancy. Also a Reiki Master Teacher and Motherhood Coach, she has trained with the Doulas of North America, and studied for a Masters degree in Contemplative Psychotherapy at Naropa University. In essence, she encourages women to birth in their power--with love and faith. She has also founded the non-profit Loving Birth Organization & Mother's Tribe International, which provide free information and courses on how to have a fulfilling pregnancy, childbirth, and motherhood journey. Patrick serves as an environmental advocate, syntropic agroforester, athlete, and writer. As a student of all things regenerative--in all stages of life--he seeks to unambiguously foster opportunities for joyful and pain-free birthings and gestation. Layla and Patrick both favor a fruit-based lifestyle and consider diet methodology a primary factor for their Ecstatic Birthing experiences. Above all, the two of them love living together, as one.

